

Pediculosis (Head Lice)

Your child has lice. Now what??

1. DON'T PANIC. Anyone can get head lice. Lice can be easily managed.
2. Check all family members.
3. Treat the infected person(s) with a medicated shampoo at the sink. (Rid, Nix or one of many other brands).
4. Remove all nits from hair. The shampoo will come with a special comb. This is very time consuming but is the only way to insure complete treatment. Nits that are not removed will hatch in 7-10 days causing re-infestation.
5. Check all infected heads daily for at least 10 days. Retreat if there are any signs of re-infestation.
6. Machine wash all clothes and bed linens in HOT water. Dry in a hot dryer.
7. Soak combs and brushes in HOT water for 5-10 minutes.
8. Items that can not be washed should be dry cleaned or stored in a sealed plastic bag for 2 weeks.
9. Vacuum every where.
10. If you have questions, please contact your school nurse.